

2018



NCCN QUICK GUIDE™

Lung Cancer Non-Small Cell Lung Cancer

Treatment Planning

This NCCN QUICK GUIDE[™] sheet summarizes key points from the complete NCCN Guidelines for Patients®: Lung Cancer. These guidelines explain which tests and treatments are recommended by experts in cancer. To view and download the guidelines, visit NCCN.org/patients or, to order printed copies, visit Amazon.com

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What is lung cancer?

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It is a disease that causes cells within the lung to grow fast, live longer, and spread into other tissues. Most lung cancers start in cells that don't look small (non-small cells).

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How is lung cancer found?

Your lungs may have small, round masses of tissue called nodules. These nodules can be seen with imaging tests. Your doctors will look at these nodules for features that suggest there may be cancer. If cancer is likely, fluid or tissue must be removed from your body and tested for cancer cells.

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How is lung cancer staged?

Cancer staging is a rating by your doctors of how far the cancer has grown and spread. Staging is very important for treatment planning.	<u>22</u>
Imaging and lab tests are used to assess the extent of cancer.	<u>22</u>
There are 5 stages of lung cancer. They are stage 0, stage I (IA & IB) stage II (IIA & IIB), stage III (IIA, IIIB, & IIIC), and stage IV (IVA & IVB). In general, earlier cancer stages have better outcomes. Some people will do better than expected. Others will do worse.	<u>26</u>

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What health care is needed before treatment?

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All stages	A report of your health history and an exam of your body	<u>29</u>
	■ Blood tests to count blood cells and levels of chemicals	<u>30</u>
	■ Pictures of the insides of your chest and belly area with CT scans	<u>30</u>
	Removal of tissue samples to test for cancer	<u>33</u>
Stage I	■ PET/CT scan to see cell activity which might show cancer	<u>30</u>
	■ Brain MRI to look for tumors is an option for stage IB	<u>31</u>
	Bronchoscopy to look at your airways	<u>32</u>
	Lung function tests if surgery may be an option	<u>33</u>
Stage II	■ PET/CT scan to see cell activity which might show cancer	<u>30</u>
	■ Brain MRI to look for tumors	<u>31</u>
	■ Bronchoscopy to look at your airways	<u>32</u>
	Lung function tests if surgery may be an option	<u>33</u>
Stage III	■ PET/CT scan to see cell activity which might show cancer	<u>30</u>
	■ Brain MRI to look for tumors	<u>31</u>
	 Bronchoscopy to look at your airways for stages IIIA and IIIB Sometimes this test is used for stage IIIC 	<u>32</u>
	Lung function tests if surgery may be an option	<u>33</u>
Stage IV	■ In some cases, PET/CT scan	<u>30</u>
	■ Brain MRI to look for tumors	<u>31</u>
	■ In some cases, bronchoscopy	<u>32</u>
	■ In some cases, lung function tests	<u>33</u>
	 Testing of markers—EGFR, ALK, ROS1, BRAF—for adenocarcinomas, large cell, or another rare subtype Testing may be done for squamous cell carcinomas 	<u>36</u>
	■ Testing of marker—PD-L1—for all types of lung cancer	<u>37</u>

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